

NEWSLETTER

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LOCAL PILOT ACTIVITIES / PROGRAMS
AT CSEI CRISTAL ORADEA, ROMANIA,
IN ORDER TO IMPLEMENT NEW WELL-BEING TECHNIQUES FOR
SEN STUDENTS AND TEACHERS

01.10.2023 – 31.10.2024





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I. 3 LOCAL PILOT ACTIVITIES / PROGRAMS AFTER PARTICIPATING IN LTTA 2 SCHOOL WELL-BEING 4 ALL IN TÜRKIYE

1. Orff therapy in order to create well-being for SEN students
2. Ebru – marbling art therapy in order to create well-being for SEN students
3. Emotional development and imagery technique work-shop in order to create well-being for teachers / staff

ORFF THERAPY PROGRAM IN ORDER TO CREATE WELL- BEING FOR SEN STUDENTS

Main goal

Developing socio-emotional skills for children with disabilities and increase their general well-being; informing teachers about the beneficial effects of using the Orff method in the rehabilitation process of children with disabilities.

Target group

- 104 children of C.S.E.I. "Cristal" Oradea
- teaching staff of C.S.E.I. "Cristal" Oradea

Estimated total duration

- 12 months

Objectives

- stimulation and development of communication;
- improving attention disorders;
- developing self-control, reducing individual and interpersonal tensions;
- socio-emotional development
- multisensory education;



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LINKS

1. https://www.facebook.com/permalink.php?story_fbid=pfbid02Q3X3XaJpgvcEkenFheiqv8GXTmg2L37Z7FhYxaD5F8mdgMo3xHt415XiB1iCnL9Al&id=100063582970591&locale=ro_RO
2. https://www.facebook.com/100063582970591/videos/1081514916463671?locale=ro_RO
3. https://www.facebook.com/profile.php?id=61560899472661&locale=ro_RO
4. <https://www.centruscolarcristal.ro/cine-suntem/proiecte>



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EBRU – MARBLING ART THERAPY PROGRAM IN ORDER TO CREATE WELL-BEING FOR SEN STUDENTS

Main goal

Develop social and emotional skills for SEN students using EBRU/marbling method in the aim of wellbeing; disseminate EBRU painting method in CSEI "Cristal" and inform teachers about the benefits of it on children with special needs, in the aim of their wellbeing.

Target group

- 104 children with special needs from CSEI "Cristal";
- 40 teachers from CSEI "Cristal";

Estimated total duration

- 12 months

Objectives

- develop social and emotional skills of children with special needs;
- develop self-control of children with special needs;
- develop cognition and imagination of children with special needs;
- develop hand-eye coordination of children with special needs;
- develop sense of beauty of children with special needs;
- develop attention of children with special needs;
- inform teachers about benefits of EBRU;



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LINKS

1. <https://www.facebook.com/share/p/2XoyGjcApQmpHwxT/>
2. https://www.facebook.com/photo/?fbid=954157366713687&set=pcb.954158263380264&locale=ro_RO
3. <https://www.centruscolarcristal.ro/cine-suntem/proiecte>
4. https://www.facebook.com/?locale=ro_RO



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EMOTIONAL DEVELOPMENT AND IMAGERY TECHNIQUE WORK-SHOP IN ORDER TO CREATE WELL-BEING FOR TEACHERS / STAFF

Main goal

Developing the abilities of emotional expressing for teachers working with SEN students; increasing general well-being and mental health of teachers working with SEN students.

Target group

- 39 teachers from CSEI "Cristal" working with SEN students;

Estimated total duration

- 1 week

Objectives

- developing emotional awareness of teachers (self-awareness) (e.g. identifying emotions, recognizing strengths, self-confidence, self-efficacy),
- developing emotional management/control of teachers (e.g. impulse control, stress management, self-discipline, emotional self-regulation),
- developing relational skills (e.g. work relationship building, etc.),
- developing responsible decision making (e.g. reflection, conflict resolution, ethical and social responsibility, etc.).

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LINKS

1. https://www.facebook.com/permalink.php?story_fbid=954158263380264&id=100063582970591
2. <https://www.centrulscolarcristal.ro/cine-suntem/proiecte>



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II. 2 LOCAL PILOT ACTIVITIES / PROGRAMS AFTER PARTICIPATING IN LTTA 3 SCHOOL WELL-BEING 4 ALL IN SPAIN

1. TEACCH method and use of ARASAAC program in order to improve communication and create well-being for autistic students
2. Pilates session program in order to create well-being for teacher / staff

TEACCH METHOD AND USE OF ARASAAC PROGRAM IN ORDER TO IMPROVE COMMUNICATION AND CREATE WELL-BEING FOR SEN STUDENTS

Main goal

Stimulating and developing communication and creating well-being for children/students with Autism/mental disabilities within CSEI Cristal Oradea through implementing the TEACCH and ARASAAC systems;
development of the competences of the teachers of CSEI Cristal Oradea regarding the beneficial effects of the use of methods in the rehabilitation process of children with disabilities.

Target group

- 54 children with autism/mental disabilities from CSEI "Cristal";
- 36 teachers from CSEI "Cristal" working with autistic students;

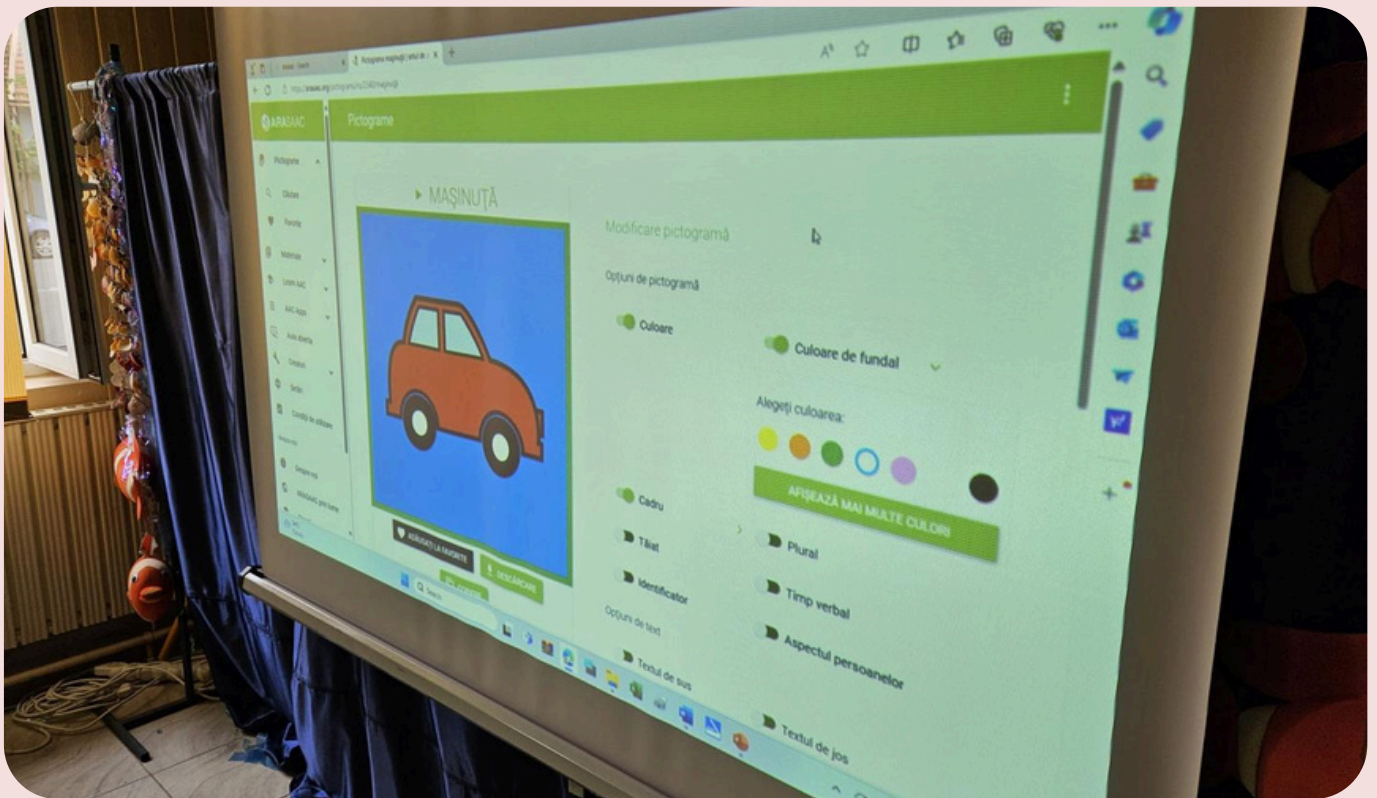
Estimated total duration

- 12 months

Objectives

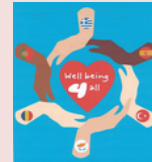
- develop the communication and interrelationship skills of children with Autism/mental disabilities through the implementation of TEACCH / ARASAAC
- implement the chosen system at all levels of schooling existing in the school unit;
- make finished products – brochures with ARASAAC icons, useful in the teaching-learning process using the methods and means presented in the program;
- develop functional abilities of children with Autism – autonomy and independence;
- develop skills to use the ARASAAC platform also by the families of children with Autism, families who will benefit from counseling in this regard.

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LINKS

1. https://www.facebook.com/permalink.php?story_fbid=pfbid02kMTUd9xFy3XkBQGDzayfHUufSjAZYMPAWjiBGFUohRB8d5aNa6McFeToM1sRJ33l&id=61560899472661&rdid=x8PzuoxUM3Y07rHe
2. <https://www.centrulscolarcristal.ro/cine-suntem/proiecte>



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PILATES SESSIONS PROGRAM IN ORDER TO CREATE WELL-BEING FOR TEACHERS / STAFF

Main goal

Increasing general well-being for teachers within CSEI Cristal Oradea; improving communication and relationships between teaching staff.

Target group

- 35 teachers working with SEN students from CSEI "Cristal,, Oradea

Estimated total duration

- 12 months

Objectives

- developing communication and good relationships between teaching staff
- increasing interest in the movement
- creating well-being for teacher
- improving health of teachers working with SEN children

Note:

The program will take place in two stages:

1. The stage of practicing the pilates program twice a month.
2. Evaluating the effectiveness practicing the pilates program



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1. https://www.facebook.com/permalink.php?story_fbid=pfbid0WKqvbfN3KaGM78deHM6K8b6XhMhvtCjFQ4HAJEJpPkNgunfBC14hZ5gFoy3UPD9ul&id=100063582970591&rdid=Py847w8xP7ATwbdN
2. <https://www.facebook.com/share/p/5NJFTarUKkACqo77/>
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